

NH/VT Encampment 2013 Daily



Issue 3 – 15 July 2013



Wakeup and PT!

This morning, before the sun had even come up, the cadets went outside for morning physical training (PT). All the cadets ran one mile to gauge their current time. The cadets ran around the green in the middle of the campus three times to get their mile times. The staff assisted the cadets by encouraging them to run and even running with them when they needed a boost. Over the course of the week, the cadets will do PT in the mornings. This PT was led by staff and included things such as pushups, arm circles, and sit ups. Their results were recorded so they can be compared with the scores at the end of the week. The physical training the cadets receive will help them to be fit for the encampment and encourage them to lead healthy lifestyles.

Professional Development

Today is another beautiful (and hot) day at Norwich. The cadets marched to the chapel for a class, hoping to get out of the heat. They were pleasantly greeted by Captain Lawrence, who was preparing to conduct a professional development class. The cadets were told to persevere through obstacles and to reach for their goals. With their spirits lifted, they moved back to the barracks to make their rooms look outstanding for inspection.



Acronym list on website!

Weather:

Today: 87 degrees and sunny

Tonight: Low of 63 degrees

Tomorrow: 86 degrees, bright and sunny all day.

Fire Drill

After an exhausting day of arriving and adjusting to the encampment environment, the basic cadets went to sleep at 2130. What the basic cadets didn't know is that there was a fire drill planned for 2200. When the fire alarm went off 83 cadets stumbled out of their bunks half asleep to the sight of cadet staff clamoring for the cadets to get in line behind them. The cadets hurried down the stairs as the sound of the fire alarm drowned out all other noise. They emerged out into the pitch black and were blinded by the sudden absence of light. They lined up on their flight sergeant and counted off for an accountability report. Accountability was taken twice and then the cadets filed back inside to go back to sleep, now wondering how many more fire drills there were going to be for the rest of encampment.

Question of the Day:

How many CAP encampments have been held at Norwich?

Yesterday's Answer: 1963

Quote of the Day:

"A little more persistence, a little more effort, and what seemed hopeless failure may turn to glorious success." -Elbert Hubbard

